## https://theprepared.com/bug-out-bags/guides/bug-out-bag-list/

## Emergency kit / bug out bag list

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Building a bug out bag (sometimes a "go bag", INCH bag, 72 hour kit, emergency kit, etc.) is one of the most important steps you should take to get prepared. These packed and ready bags serve as your "I need to leave home right now!" kit, and as useful supplies if you're sheltering at home.

Even if you never use it, the peace of mind that comes with knowing you can handle almost anything is well worth the cost.

**New?** Start with the <u>beginner's guide to emergency preparedness</u> for more about the role of a bug out bag and how it fits in the overall modern prepper plan.

Putting a bug out bag checklist together can be daunting — even if you're only thinking about one or two types of scenarios, the list of items you'd like to have in an emergency is always longer than what you can take. Even the most experienced and skilled people have to make tough choices about what to pack.

In our own journey as common-sense preppers, we were often anxious and frustrated by the horrible lists out there and the mental gymnastics of trying to figure out what gear we needed across different scenarios, what we didn't need, why, how to prioritize, and so on — all while trying to keep it realistic within the range of modern reasons to prepare and sane prepper rules.

Good news and bad news: There's no such thing as The Ultimate Bug Out Bag. There are just too many variables to allow for a universal answer that is perfect for all people in all situations. So the good news is you don't have to stress over being perfect.

Yet there are still clear, life-altering differences between a good kit and a bad one. Many people pack bags that are too heavy to be useful, for example, because they (wrongly) assume they'll definitely have access to a working vehicle.

You might see all kinds of labels for what is essentially the same concept:

- Emergency kit / emergency bag
- 72 hour kit / 72 hour bag
- Bug out bag
- Go bag
- Evacuation bag / evac bag
- Survival bag / survival kit
- INCH bag ("I'm Never Coming Home Again")
- GOOD bag ("Get Out Of Dodge")
- SHTF bag ("Shit Hit The Fan")

We use some of those labels interchangeably, like bug out bag and go bag, but don't tend to use time-based labels like 72-hour bag or INCH bag.

**More**: Why you should use a prioritized bag system instead of bags based on timelines

Although an "emergency kit" can mean a lot of different things (like a kit you keep in your vehicle during snow season), we believe a bug out bag is the closest thing to a singular emergency kit because it's the one bundle of stuff that can help you deal with the widest range of scenarios.

It's important to use a solid mental framework and understand why gear is included (or not), so that you can make your own decisions when putting together what's right for you.

That's why, in addition to pointing out our favorite products, weights, and reasonings for each category, we include common customizations and things to avoid so you can personalize your bag.

Or you can just keep things easy and follow this list exactly. We're confident it's a great mix for a wide range of people and scenarios — many of our personal bags look exactly like this.

## Just want to see a list of specific products? Disagree with our suggestions?

We used our brand-spankin-new (and still in development) <u>kit builder</u> to turn this guide into kits that you can clone, customize, and share, complete with recommended products, weights, and prices:

- Bug out bag broken down by priority levels
- Bug out bag broken down by gear categories

If you disagree or just want to share your own loadout, leave a comment with a link to your kit!